

Protocols by Level of Risk

<p><u>AT RISK (15-18)*</u></p> <p>FREQUENT TURNING MAXIMAL REMOBILIZATION PROTECT HEELS MANAGE MOISTURE, NUTRITION AND FRICTION AND SHEAR PRESSURE-REDUCTION SUPPORT SURFACE IF BED- OR CHAIR-BOUND</p> <p>* If other major risk factors are present <i>(advanced age, fever, poor dietary intake of protein, diastolic pressure below 60, hemodynamic instability)</i> advance to next level of risk</p>	<p><u>MANAGE MOISTURE</u></p> <p>USE COMMERCIAL MOISTURE BARRIER USE ABSORBANT PADS OR DIAPERS THAT WICK & HOLD MOISTURE ADDRESS CAUSE IF POSSIBLE OFFER BEDPAN/URINAL AND GLASS OF WATER IN CONJUNCTION WITH TURNING SCHEDULES</p>
<p><u>MODERATE RISK (13-14)*</u></p> <p>TURNING SCHEDULE USE FOAM WEDGES FOR 30! LATERAL POSITIONING PRESSURE-REDUCTION SUPPORT SURFACE MAXIMAL REMOBILIZATION PROTECT HEELS MANAGE MOISTURE, NUTRITION AND FRICTION AND SHEAR</p> <p>* If other major risk factors present, advance to next level of risk</p>	<p><u>MANAGE NUTRITION</u></p> <p>INCREASE PROTEIN INTAKE INCREASE CALORIE INTAKE TO SPARE PROTEINS. SUPPLEMENT WITH MULTI-VITAMIN (SHOULD HAVE VIT A, C & E) ACT QUICKLY TO ALLEVIATE DEFICITS CONSULT DIETITIAN</p>
<p><u>HIGH RISK (10-12)</u></p> <p>INCREASE FREQUENCY OF TURNING SUPPLEMENT WITH SMALL SHIFTS PRESSURE REDUCTION SUPPORT SURFACE USE FOAM WEDGES FOR 30! LATERAL POSITIONING MAXIMAL REMOBILIZATION PROTECT HEELS MANAGE MOISTURE, NUTRITION AND FRICTION AND SHEAR</p>	<p><u>MANAGE FRICTION & SHEAR</u></p> <p>ELEVATE HOB NO MORE THAN 30! USE TRAPEZE WHEN INDICATED USE LIFT SHEET TO MOVE PATIENT PROTECT ELBOWS & HEELS IF BEING EXPOSED TO FRICTION</p>
<p><u>VERY HIGH RISK (9 or below)</u></p> <p>ALL OF THE ABOVE + USE PRESSURE-RELIEVING SURFACE IF PATIENT HAS INTRACTABLE PAIN OR SEVERE PAIN EXACERBATED BY TURNING OR ADDITIONAL RISK FACTORS</p> <p>*low air loss beds do not substitute for turning schedules</p>	<p>OTHER GENERAL CARE ISSUES</p> <p>NO MASSAGE OF REDDENED BONY PROMINENCES NO DO-NUT TYPE DEVICES MAINTAIN GOOD HYDRATION AVOID DRYING THE SKIN</p>